

Screening Questionnaire

Understanding Addiction and Developmental Disabilities is a specialized curriculum for people living with intellectual and/or developmental disabilities and substance use disorders. This questionnaire is intended for a health care or support professional, caregiver, guardian or parent to interview someone with an intellectual and/or developmental disability.

Before you start, assure the interviewee that there are no right or wrong answers. Ask the questions clearly and simply, and make note of the answers you receive. Use this as a conversation starter to talk openly and without judgment about addiction.

YES NO Section one: Things you drink, smoke or take that are not given to you by a doctor or healthcare provider

- YES NO Do you smoke cigarettes or vape?
- YES NO Do you smoke marijuana or weed?
- YES NO Do you drink beer? Wine? Liquor?
- YES NO Do you use cocaine or other drugs that you purchase from people, not stores?
- YES NO Are you able to stop (drinking beer, wine, liquor, smoking weed) when you want to?
How many drinks do you typically drink at a time? _____
- YES NO Is there ever a time where the day after you were drinking, you didn't remember what happened the night before?
- YES NO Do people ever tell you that you did something while drinking that you don't remember doing?
- YES NO Did anyone ever tell you that they had a problem with your drinking habits (drug use)?
- YES NO Do you ever drink (beer, wine, liquor) or use street drugs when you are alone?
- YES NO Do you ever feel shame (bad feelings) when you drink (beer, wine, liquor) or use weed?
- YES NO Have you ever felt sick when you stopped using (beer, wine, liquor, street drugs).

YES NO Section two: Things you take that are given to you by a healthcare provider

- YES NO Do you have a doctor or nurse practitioner?
- YES NO Does he/she tell you that you need to take certain medications?
- YES NO Do you always take the medicine the way he/she wants you to take it?
- YES NO Do you always follow the instructions about when and how much to take?

If you and your client or loved one feels he or she needs support for a substance use disorder, give **Understanding Addiction and Developmental Disabilities** a try. It's accessible, easy to understand and flexible.